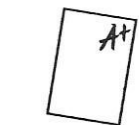


What Are Your Values?

Your values are the things, people, activities and ideas you think are important in your life.

When you understand your values it is easier to make choices that will make you and the people around you happy.

From this list, circle three values that are very important to you. You may add your own on the lines at the bottom of the list, but still choose three.



Having good grades



Being creative



Having fun



Being famous



Spending time with my family



Freedom



Having good friends



Helping others



Honesty



Being rich



Being a good athlete



Being popular

Which value is most important to you? _____

Why is this value so important to you? _____

What value do you think your parents would choose as most important?

What value do you think your closest friend would choose as most important?
