

# UNDERSTAND THAT CHANGE IS CONSTANT

Everything changes all of the time. Whatever problem you have today will be different tomorrow, even though it might be different in just a small way.

Think about how things will change for the problem that you are concerned about. Will change make things easier? If not, why not, and what can you do about it?

**NAME:**

**DATE:**

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How will your problem change one month from now?

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Six months from now?

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One year from now?

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Two years from now?

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Five years from now?

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