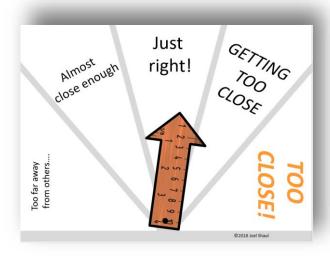


Personal Space Control-o-Meter



Created by Joel Shaul, LCSW

Children may experience difficulties figuring out how close or how far away to be from other people. Here is a simple project to help raise awareness of personal space.

How to make the Personal Space Control-o-Meter:

Print out pages 2 & 3 of this worksheet. Cut out the arrow. Laminate everything if you can. Use a flexible metal fastener to hold the arrow.

How to use the Personal Space Control-o-Meter:

- 1. Use words like this to introduce the project: "People can control how close or how far away they are from other people. It's tricky to learn, and people have to think and practice carefully to get it right. We're going to make a Personal Space Control-o-Meter to help us think about personal space."
- 2. Play with it. "Try using the Control-o-Meter to control *my own* personal space now. Use it to make me too far away or too close to someone else in this room."
- 3. "Now, let me try controlling *your own* personal space. Watch the arrow, and make yourself go too far away and then too close as I move the arrow."

Almost close enough Just right!

GETTING TOO CLOSE

Too far away from others..

7001 7000

