

Dealing with Boredom

Lots of kids these days say they are bored being at home all of the time. But if you are creative, you can find things to do that are fun and productive. For example, how about doing a Word Search like the one below? Find the phrases in the puzzle below and then choose one activity to do right now.

Name: _____

Date: _____

What to Do When You Are Bored

R E T T E L A E T I R W E U E A Y
S F O C R F S E I K O O C E K A B
I K R G N K D G G Q X W T H B M C
F R E W A R D A N A E L C M A W G
C V H B U I L D S O M E T H I N G
U L E E W G Z G R E D Y V I J W U
K U L M M M S Q I L R X R N Y T V
Z H P A C T V Y F Z A S Q H E L G
Z Y S G E E J G W Z W X M F L H H
K N O A W H W T V U A P I V E I V
V Y M Y J E Z K P P P T J G L D B
W S E A W J O M P A I V B X V E D
E I O L M C U K J O C H N V J C F
H K N P T V C F Y D T T Y O J W K
P J E B M I M K X Z U C T O K K H
F A C E T I M E A F R I E N D O Z
A J Z W B M P Y F M E D J G G C B

Do a Puzzle Bake Cookies Facetime a Friend Draw a Picture
Build Something Clean a Drawer Help Someone Play a Game
Write a Letter

What to Do When You Are Bored

R E T T E L A E T I R W E U E A Y
S F O C R F S E I K O O C E K A B
I K R G N K D G G Q X W T H B M C
F R E W A R D A N A E L C M A W G
C V H B U I L D S O M E T H I N G
U L E E W G Z G R E D Y V I J W U
K U L M M M S Q I L R X R N Y T V
Z H P A C T V Y F Z A S Q H E L G
Z Y S G E E J G W Z W X M F L H H
K N O A W H W T V U A P I V E I V
V Y M Y J E Z K P P P T J G L D B
W S E A W J O M P A I V B X V E D
E I O L M C U K J O C H N V J C F
H K N P T V C F Y D T T Y O J W K
P J E B M I M K X Z U C T O K K H
F A C E T I M E A F R I E N D O Z
A J Z W B M P Y F M E D J G G C B

- Do a Puzzle
- Bake Cookies
- Facetime a Friend
- Draw a Picture
- Build Something
- Clean a Drawer
- Help Someone
- Play a Game
- Write a Letter