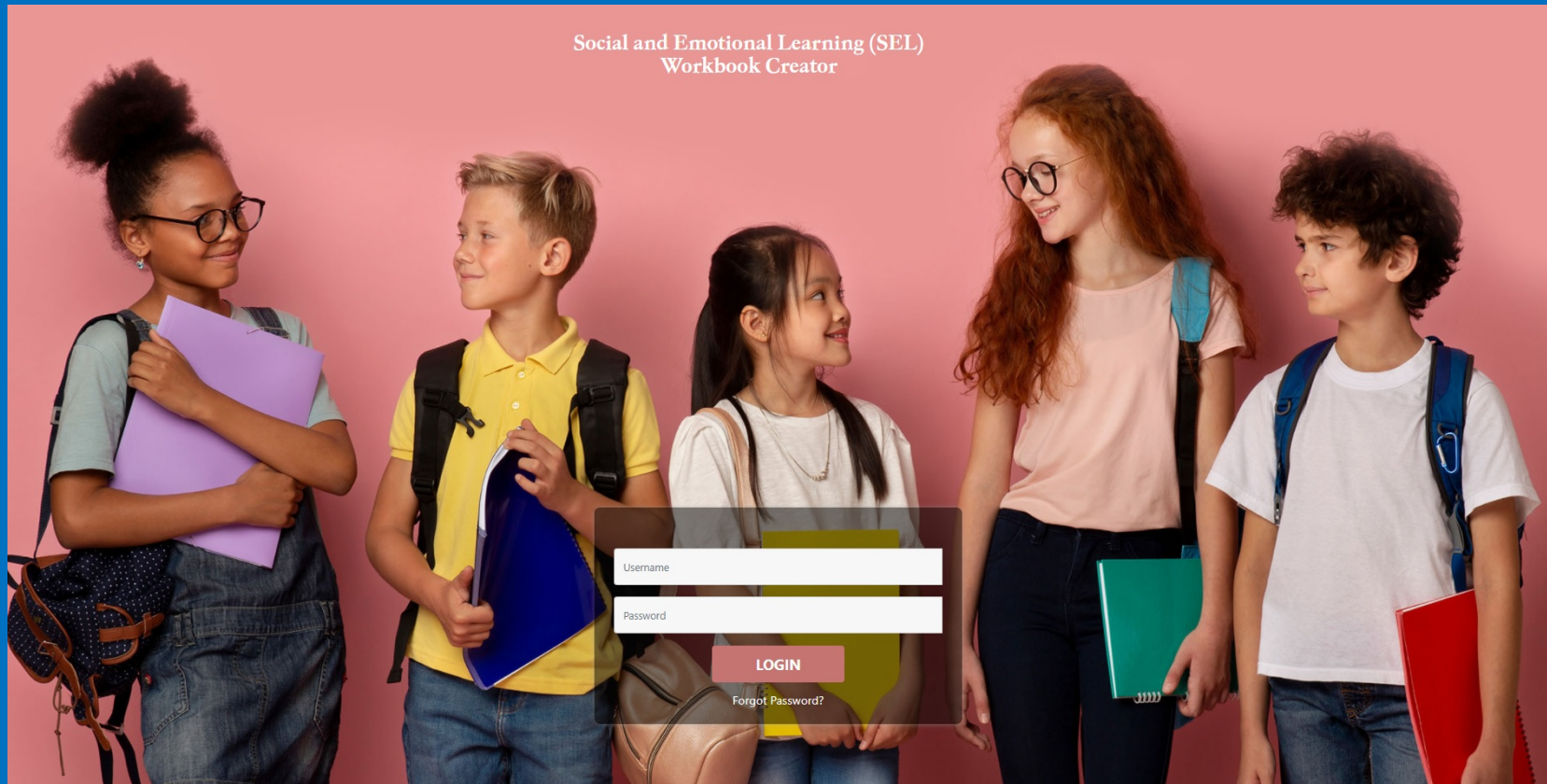


Using the Social and Emotional (SEL) Workbook Creator

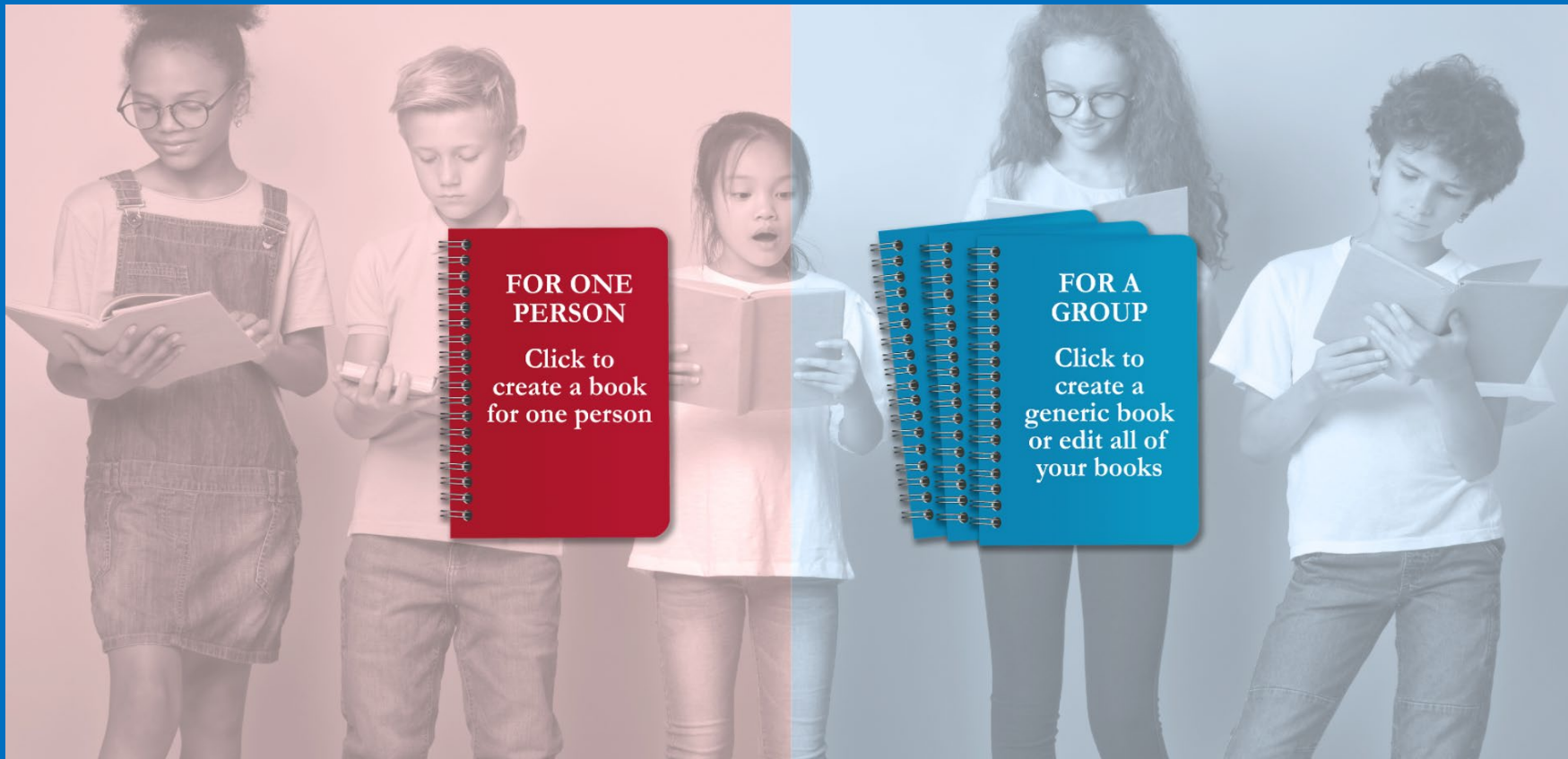
www.BetweenSessions.com



Log in to your account.



Choose whether you wish to create a book for an individual or for a group.



You can create a workbook for an individual based on his/her specific problems and concerns.

You can create a workbook for a group, such as a classroom, a school, an agency, a private practice and so on.

When you create a workbook for an individual, you begin by adding the basic client information.

The screenshot displays a web application interface for 'Social & Emotional Learning'. The main page is titled 'Client Information' and features a navigation menu with 'Home', 'Client Information', and 'Books'. A prominent 'Instructions' box lists the steps for adding a client, including clicking 'Add Client', entering information, sending a checklist, and a note about potential harm. Below the instructions is an 'ADD CLIENT' button and a table of existing clients.

The 'UPDATE CLIENT' modal form is overlaid on top, containing the following fields:

- Client Name***: A text input field with the placeholder 'Enter Client Name'.
- Age Category***: A dropdown menu with 'select' as the current value.
- Date Of Birth**: Three dropdown menus for MM, DD, and YYYY.
- Email ID***: A text input field with the placeholder 'Enter Email ID'.
- Submit**: A yellow button to save the changes.

CLIENT NAME	EMAIL	DATE ADDED	ACTION
Freud Completed	drlawrenceshapiro@gmail.com	09/10/2021	Send P
Lawrence Shapiro Completed	drlawrenceshapiro@gmail.com	09/09/2021	Send P

Select the category appropriate to each age group: Adult, High School, Middle School, or Elementary School.

UPDATE CLIENT

Client Name*
John Smith

Age Category*
Adult
select
High School
Middle School
Elementary School
www.rachapuro@gmail.com

Submit

Client Information ADD CLIENT

CLIENT NAME	EMAIL	DATE ADDED	ACTION
Freud Completed	drlawrenceshapiro@gmail.com	09/10/2021	Send P
Lawrence Shapiro Completed	drlawrenceshapiro@gmail.com	09/09/2021	Send P

Your clients will show up on a list. Click to button to send a client a Problem Checklist.

Social & Emotional Learning
WORKBOOK CREATOR

You are logged in as Abraham Lincoln. Your subscription is active. Logout







Home Client Information Books

Instructions:

1. Add a client by clicking the "Add Client" button.
2. Enter client information.
3. Send the client a Problem Checklist by clicking the "Send Problem Checklist" Button.
4. When your client fills out a Problem Checklist you will see the Pending notification change to Completed.
5. **IMPORTANT:** If a client checks a problem that indicates possible harm to him/herself or others, a warning will show up in red. This indicates an immediate intervention is needed.

[Click here to see tutorials.](#)

Client Information ADD CLIENT

CLIENT NAME	EMAIL	DATE ADDED	ACTION
John Smith Pending	drlawrenceshapiro@gmail.com	09/15/2021	Send Problem Checklist   
Lawrence Shapiro Completed	drlawrenceshapiro@gmail.com	09/09/2021	Send Problem Checklist   

You can send a Problem Checklist to a client (or teacher or parent).

The screenshot shows the 'Social & Emotional Learning WORKBOOK CREATOR' interface. At the top, it indicates the user is logged in as Abraham Lincoln and their subscription is active. The navigation menu includes Home, Client Information, Books, and Problem Checklist (which is highlighted). The main content area is dark-themed and contains the following information:

Client Name: Freud
Email: drlawrenceshapiro@gmail.com

Instructions:

- (1) Email the Problem Checklist to the client, teacher, or parent.
- (2) Or you can fill it out and give it to the appropriate person to fill out (then you will have to send it to your own email and fill it out on the website using the completed checklist).
- (3) Once the Problem Checklist has been filled out you will get a message it has been completed on your Dashboard. You can then view the Completed Problem checklist and print it out.
- (4) When a client has completed a Problem Checklist, click the "Create Book" button.

PLEASE NOTE: When clients check problems that indicate they may harm themselves or others, you will find a red warning note on your Dashboard. This indicates the need for immediate attention to this problem.

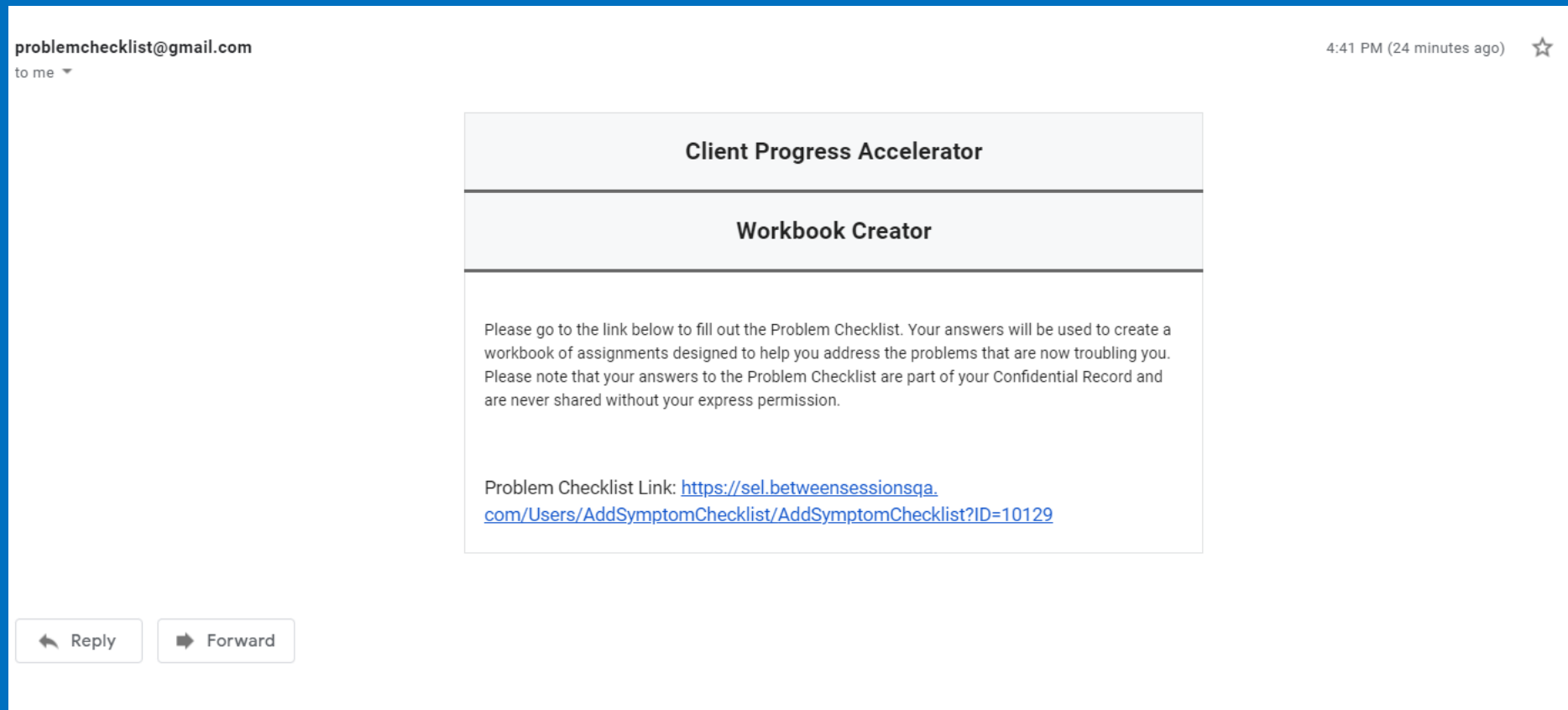
[Click here to see tutorials.](#)

Below the instructions, the 'Name Of Checklist' is set to 'Adult'. There are three radio button options:

- 1 E - MAIL TO CLIENT, TEACHER, or PARENT (indicated by a red arrow)
- 2 PRINT BLANK CHECKLIST
- 3 VIEW / PRINT COMPLETED CHECKLIST

A yellow 'CREATE BOOK' button is located at the bottom of the section.

Your client (or parent or teacher) will get an email with a link to the Problem Checklist.



The recipient will receive a Problem Checklist and will check off any appropriate problems and rate their severity.

SELECT PROBLEMS FROM LIST

Instructions: Please check off any problems that you are currently experiencing. Then rate each problem from 1=This problem has a minor impact on my life to 5=This problem has a major impact on my life.

Client Name: John Smith **Date of Birth:** 01/03/2006 **Today's Date:** 09/15/2021

Adult Problem Checklist

1.	<input type="checkbox"/>	I don't have control over my eating.	1	2	3	4	5
2.	<input type="checkbox"/>	I engage in impulsive and reckless behaviors.	1	2	3	4	5
3.	<input type="checkbox"/>	If I eat too much I feel compelled to purge (vomit or misuse laxatives).	1	2	3	4	5
4.	<input type="checkbox"/>	I binge eat at least once per week.	1	2	3	4	5
5.	<input type="checkbox"/>	I enjoy taking risks and I don't worry about safety or negative consequences.	1	2	3	4	5
6.	<input type="checkbox"/>	I have made suicide attempts.	1	2	3	4	5
7.	<input type="checkbox"/>	I frequently get into physical fights with people.	1	2	3	4	5
8.	<input type="checkbox"/>	Sometimes I think my behavior is odd or strange.	1	2	3	4	5
9.	<input type="checkbox"/>	Playing video games is more important than almost everything else in my life.	1	2	3	4	5
10.	<input type="checkbox"/>	I frequently get into verbal fights with people.	1	2	3	4	5
11.	<input type="checkbox"/>	I frequently destroy objects just for the fun of it.	1	2	3	4	5
12.	<input type="checkbox"/>	I find that stealing items is exciting.	1	2	3	4	5
13.	<input type="checkbox"/>	I have set fires on purpose, just for fun.	1	2	3	4	5

When the Problem Checklist is filled out, the message will change from “Pending” to “Completed.” Then click the **Create Book** icon.

Social & Emotional Learning
WORKBOOK CREATOR

You are logged in as Abraham Lincoln. Your subscription is active. Logout







Home Client Information Books

Instructions:

1. Add a client by clicking the “Add Client” button.
2. Enter client information.
3. Send the client a Problem Checklist by clicking the “Send Problem Checklist” Button.
4. When your client fills out a Problem Checklist you will see the Pending notification change to Completed.
5. **IMPORTANT:** If a client checks a problem that indicates possible harm to him/herself or others, a warning will show up in red. This indicates an immediate intervention is needed.

[Click here to see tutorials.](#)

Client Information ADD CLIENT

CLIENT NAME	EMAIL	DATE ADDED	ACTIONS
John Smith Pending	drlawrenceshapiro@gmail.com	09/15/2021	Send Problem Checklist   
Lawrence Shapiro Completed	drlawrenceshapiro@gmail.com	09/09/2021	Send Problem Checklist   

You will then see a list of the techniques suggested by our software. Put a check mark by each technique you wish to include in the workbook and click **Add to Book**.

The screenshot shows the 'CREATE BOOK' interface. At the top, the user is logged in as Abraham Lincoln. The navigation menu includes Home, Client Information, Books, and Problem Checklist. The main heading is 'CREATE BOOK'. Below this, there is a 'Book Name*' field containing 'Workbook for Freud' and a 'Save' button. A large black box with white text provides instructions for creating a book. Below the instructions, a sidebar on the left lists steps: '1 Techniques In Book' (with sub-options: Add Suggested Techniques, Add Techniques From Database, Upload techniques), '2 Upload Introduction', '3 Create Front Cover', and '4 Create Back Cover'. At the bottom of the sidebar are 'DOWNLOAD BOOK' and 'CREATE NEW BOOK' buttons. The main content area is titled 'REVIEW TECHNIQUES' and contains instructions: 'These are the techniques you have selected for your Workbook. You can print the Table of Techniques to use as a way to keep track of assignments.' Below this, it shows 'Total pages in book: 30' and a 'PRINT TECHNIQUE TABLE' button. A table lists the techniques with columns for 'TECHNIQUE NAME', 'DESCRIPTION', 'OBJECTIVE', 'VIEW', 'MORE INFO', and 'PAGE COUNT'. The table contains three rows of data.

Instructions:

1. Go through steps 1-4 to on the left navigation to create a book for this client.
2. When you are done, click "Download Book".
3. You can create a new book for a group by clicking "Create New Book".
4. If you want to edit any book you have previously created, click "Create New Book" and then click the blue notebook to see a list of all the books you have created.

[Click here to see tutorials.](#)

1 Techniques In Book

- Add Suggested Techniques
- Add Techniques From Database
- Upload techniques

2 Upload Introduction

3 Create Front Cover

4 Create Back Cover







DOWNLOAD BOOK

CREATE NEW BOOK

REVIEW TECHNIQUES

Instructions: These are the techniques you have selected for your Workbook. You can print the Table of Techniques to use as a way to keep track of assignments.

Total pages in book: 30 **PRINT TECHNIQUE TABLE**

TECHNIQUE NAME	DESCRIPTION	OBJECTIVE	VIEW	MORE INFO	PAGE COUNT
Acts of Kindness Lead to Happiness	This worksheet helps people plan and then record weekly acts of kindness.	To plan a weekly act of kindness.	 		2
Alternative Actions Can Help You Cope with Problematic Eating Habits	This worksheet is designed to help people delay their urges to engage in unhealthy habits around eating by substituting alternative healthy behaviors.	Identifying alternative actions to reduce problematic habits around eating.	 	Lorem ipsum dolor sit amet, consectetur adipiscing elit. Ut eros arcu, dapibus quis libero at, aliquam ornare erat. Morbi at mauris ullamcorper dui suscipit venenatis. Nunc at tortor euismod, aliquet risus at, aliquam leo. Pellentesque est lectus,...	3
Are You a Distracted Eater?	This worksheet is designed to help people who	To become less distracted when you are	 	View More	5

You can add additional techniques selecting **Add Techniques** from database and by putting a keyword in the search box. This will display additional techniques to add to your workbook.

Social & Emotional Learning
WORKBOOK CREATOR

You are logged in as Abraham Lincoln. Your subscription is active. [Logout](#)

Home Client Information Books Problem Checklist

CREATE BOOK

Book Name*
Workbook for Freud [Save](#)

Instructions:

1. Go through steps 1-4 to on the left navigation to create a book for this client.
2. When you are done, click "Download Book".
3. You can create a new book for a group by clicking "Create New Book".
4. If you want to edit any book you have previously created, click "Create New Book" and then click the blue notebook to see a list of all the books you have created.

[Click here to see tutorials.](#)

1 Techniques In Book

Add Suggested Techniques

Add Techniques From Database [ADD TO BOOK / UPDATE BOOK](#) Total pages in book: 30

Upload techniques

2 Upload Introduction

3 Create Front Cover

4 Create Back Cover

[DOWNLOAD BOOK](#)

[CREATE NEW BOOK](#)

LIST OF OTHER TECHNIQUES

Depression [SUBMIT](#)

You can also upload additional worksheets from your computer.

The screenshot displays the 'Social & Emotional Learning WORKBOOK CREATOR' interface. At the top, it shows the user is logged in as Abraham Lincoln with an active subscription. The navigation menu includes Home, Client Information, Books, and Problem Checklist. The main heading is 'CREATE BOOK'. Below this, there is a 'Book Name*' field containing 'Workbook for Freud' and a 'Save' button. A large black box with white text provides instructions: 1. Go through steps 1-4 to on the left navigation to create a book for this client. 2. When you are done, click "Download Book". 3. You can create a new book for a group by clicking "Create New Book". 4. If you want to edit any book you have previously created, click "Create New Book" and then click the blue notebook to see a list of all the books you have created. A link 'Click here to see tutorials.' is also present. On the left, a sidebar lists steps: 1 Techniques In Book, 2 Upload Introduction, 3 Create Front Cover, and 4 Create Back Cover. Under '1 Techniques In Book', there are options: 'Add Suggested Techniques', 'Add Techniques From Database', and 'Upload techniques', with a red arrow pointing to 'Upload techniques'. Below these are 'DOWNLOAD BOOK' and 'CREATE NEW BOOK' buttons. The main area shows a search for 'Depression' with a 'SUBMIT' button and an 'ADD TO BOOK / UPDATE BOOK' button. The total pages in the book are listed as 30.

Once you have added all of your techniques to the Workbook, you can add an introduction. Upload the introduction in a PDF format.

The screenshot displays the 'Social & Emotional Learning WORKBOOK CREATOR' interface. At the top, it shows the user is logged in as Abraham Lincoln with an active subscription. The main navigation includes Home, Client Information, Books, and Problem Checklist. The central heading is 'CREATE BOOK'. Below this, there is a 'Book Name*' field containing 'Workbook for Freud' and a 'Save' button. A large black box with white text provides instructions: 1. Go through steps 1-4 to on the left navigation to create a book for this client. 2. When you are done, click "Download Book". 3. You can create a new book for a group by clicking "Create New Book". 4. If you want to edit any book you have previously created, click "Create New Book" and then click the blue notebook to see a list of all the books you have created. A link 'Click here to see tutorials.' is also present. On the left, a sidebar lists steps: 1 Techniques In Book, 2 Upload Introduction, 3 Create Front Cover, and 4 Create Back Cover. A red arrow points to the 'Upload Introduction' step. The main content area is titled 'ADD INTRODUCTION' and contains instructions: a. Click 'Select or Change File (PDF only)'. b. Click 'Add Introductory Page to Book' to insert or replace the intro content in the current book. Below this, there is a 'Current file:' section with a dropdown menu showing 'None selected' and a 'SELECT OR CHANGE FILE' button. At the bottom of the sidebar, there are buttons for 'DOWNLOAD BOOK' and 'CREATE NEW BOOK'.

Then you will add a Front and Back Cover.

The screenshot displays the 'Social & Emotional Learning WORKBOOK CREATOR' interface. At the top, it shows the user is logged in as 'Abraham Lincoln' with an active subscription. The navigation menu includes 'Home', 'Client Information', 'Books', and 'Problem Checklist'. The main heading is 'CREATE BOOK'. Below this, there is a 'Book Name' input field containing 'Workbook for Freud' and a 'Save' button. A large dark box contains 'Instructions:' with a numbered list: 1. Go through steps 1-4 to on the left navigation to create a book for this client. 2. When you are done, click "Download Book". 3. You can create a new book for a group by clicking "Create New Book". 4. If you want to edit any book you have previously created, click "Create New Book" and then click the blue notebook to see a list of all the books you have created. A link 'Click here to see tutorials.' is also present. On the left, a sidebar lists steps: '1 Techniques In Book', '2 Upload Introduction', '3 Create Front Cover', and '4 Create Back Cover'. A red arrow points to step 3. Below the sidebar are buttons for 'DOWNLOAD BOOK' and 'CREATE NEW BOOK'. The main content area is titled 'ADD INTRODUCTION' and contains instructions: 'a. Click Select or Change File (PDF only). b. Click Add Introductory Page to Book to insert or replace the intro content in the current book.' Below this is a 'Current file:' section with a dropdown menu showing 'None selected' and a 'SELECT OR CHANGE FILE' button.

You can select one of the pre-loaded covers or upload your own cover background in a JPG format. You can also upload a complete cover.

Social & Emotional Learning
WORKBOOKS CREATOR

You are logged in as Abraham Lincoln. Your subscription is active. Logout

Book Name*
Workbook for Freud Save

Instructions:

1. Go through steps 1-4 to on the left navigation to create a book for this client.
2. When you are done, click "Download Book".
3. You can create a new book for a group by clicking "Create New Book".
4. If you want to edit any book you have previously created, click "Create New Book" and then click the blue notebook to see a list of all the books you have created.

[Click here to see tutorials.](#)

1 Techniques In Book

- Add Suggested Techniques
- Add Techniques From Database
- Upload techniques

2 Upload Introduction

3 Create Front Cover

4 Create Back Cover

DOWNLOAD BOOK

CREATE NEW BOOK

Instructions to Add a Front Cover

- a. Choose a Front Cover from the images below or add your own.
- b. To add your own image, upload an image in a .jpg format. The recommended size is 400 x 500 pixels.
- c. Double click the image you want to use for the Front Cover and an editor will open. Using the tools on the left, you can add copy or additional images to your cover. WHEN YOU ARE DONE USING A TOOL, CLICK THE YELLOW BAR TO DISABLE THAT TOOL.
- d. When you are happy with the cover you have created, click "Add to Book" and close the editor.
- e. Your cover is now added to your book, and it is also saved in your cover collection.
- f. You can change the Front Cover to your book by repeating this process.
- g. Click "Add Back Cover" from the left navigation to add a back cover to the workbook.

Select a cover image :

Front Cover

Remove Remove

Upload a new cover : Choose File No file chosen

You can edit the cover with text, additional images shapes and so on. When done, click **Add Cover** to the Book.

The screenshot displays the 'Social & Emotional Learning WORKBOOK CREATOR' interface. A modal window titled 'Edit Cover Page' is open, showing a preview of a book cover. The cover features a stone wall background with a white rectangular text box containing the title 'My Getting Better Workbook' and the author 'Prepared by Dr. John Jones'. The modal includes a toolbar with options like 'Text', 'Whiteout', 'Image', 'Freehand', 'Link', 'Line', 'Arrow', 'Rectangle', 'Circle', and 'Checkmark'. A red arrow points to the 'Text' option in the toolbar. Another red arrow points to the 'Add Cover Page To Book' button in the top right of the modal. The background shows the main interface with a 'Book Name' field containing 'Workbook for Freud', a 'Log out' button, and a list of instructions for creating a workbook.

Book Name
Workbook for Freud

Instructions:

1. Go through steps 1-4 to on the left navigation to create a new book.
2. When you are done, click "Download Book".
3. You can create a new book for a group by clicking "Create New Book".
4. If you want to edit any book you have previously created, click "Edit Book".

[Click here to see tutorials.](#)

1 Techniques In Book

- Add Suggested Techniques
- Add Techniques From Database
- Upload techniques

2 Upload Introduction

3 Create Front Cover

4 Create Back Cover

DOWNLOAD BOOK

CREATE NEW BOOK

Log out

Edit Cover Page

View: Fit 50% 100% 200%

Add Cover Page To Book

Times New Roman 70 B I U Color: [] [] []

Insert

- Text
- Whiteout
- Image
- Freehand
- Link
- Line
- Arrow
- Rectangle
- Circle
- Checkmark

My Getting Better Workbook

Prepared by Dr. John Jones

After you have added covers, you can then download your book. If you want to edit the book at a later date, click **Create New Book**.

The screenshot displays the 'Social & Emotional Learning WORKBOOK CREATOR' interface. At the top, it shows the user is logged in as Abraham Lincoln with an active subscription. Below this, there is a 'Book Name' field containing 'Workbook for Freud' and a 'Save' button. A large black box contains 'Instructions' for creating a book, including steps for navigation, downloading, and creating new books. The main content area is titled '1 Techniques In Book' and includes a sidebar with options like 'Add Suggested Techniques' and 'Upload techniques'. The central focus is the '3 Create Front Cover' step, which features a 'Select a cover image' section with a grid of 11 image thumbnails. Two red arrows point to the 'DOWNLOAD BOOK' and 'CREATE NEW BOOK' buttons in the sidebar. Below the image grid is an 'Upload a new cover' section with a 'Choose File' button and the text 'No file chosen'.

Book Name*
Workbook for Freud

Instructions:

1. Go through steps 1-4 to on the left navigation to create a book for this client.
2. When you are done, click "Download Book".
3. You can create a new book for a group by clicking "Create New Book".
4. If you want to edit any book you have previously created, click "Create New Book" and then click the blue notebook to see a list of all the books you have created.

[Click here to see tutorials.](#)

1 Techniques In Book

- Add Suggested Techniques
- Add Techniques From Database
- Upload techniques

2 Upload Introduction

3 Create Front Cover

4 Create Back Cover

Instructions to Add a Front Cover

- Choose a Front Cover from the images below or add your own.
- To add your own image, upload an image in a .jpg format. The recommended size is 400 x 500 pixels.
- Double click the image you want to use for the Front Cover and an editor will open. Using the tools on the left, you can add copy or additional images to your cover. WHEN YOU ARE DONE USING A TOOL, CLICK THE YELLOW BAR TO DISABLE THAT TOOL.
- When you are happy with the cover you have created, click "Add to Book" and close the editor.
- Your cover is now added to your book, and it is also saved in your cover collection.
- You can change the Front Cover to your book by repeating this process.
- Click "Add Back Cover" from the left navigation to add a back cover to the workbook.

Select a cover image :

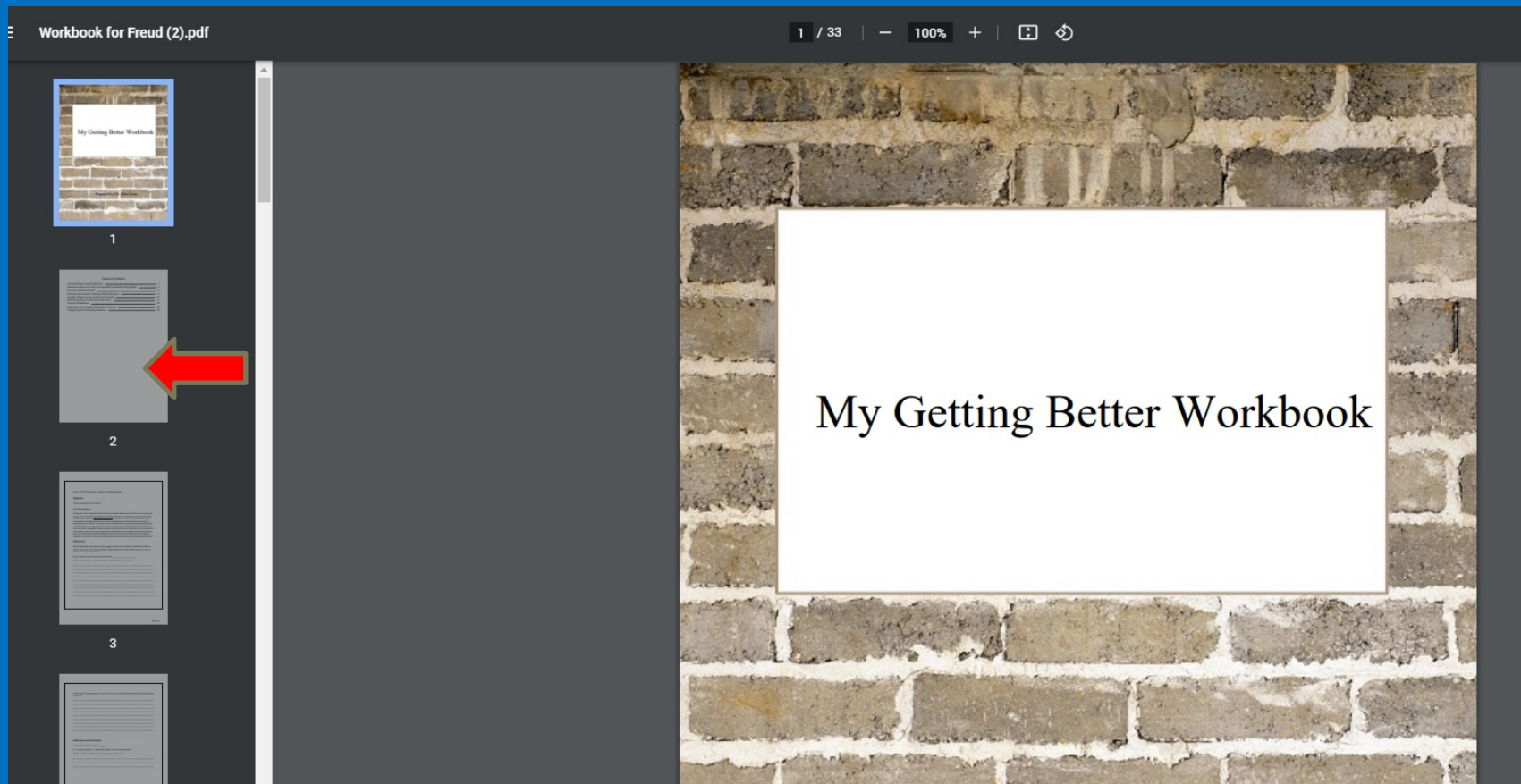
Front Cover

My Getting Better Workbook

Remove Remove Remove

Upload a new cover : No file chosen

The Workbook Creator generates a PDF workbook for you to download and print or send to a client. It will even generate a **Table of Contents!**



All of your workbooks are stored on the site. Your “generic” workbooks are listed in red and your “client” workbooks are listed in blue.

Social & Emotional Learning
WORKBOOKS FOR KIDS

You are logged in as Abraham Lincoln. Your subscription is active. Logout ↗

Home Client Information **Books**

Instructions:

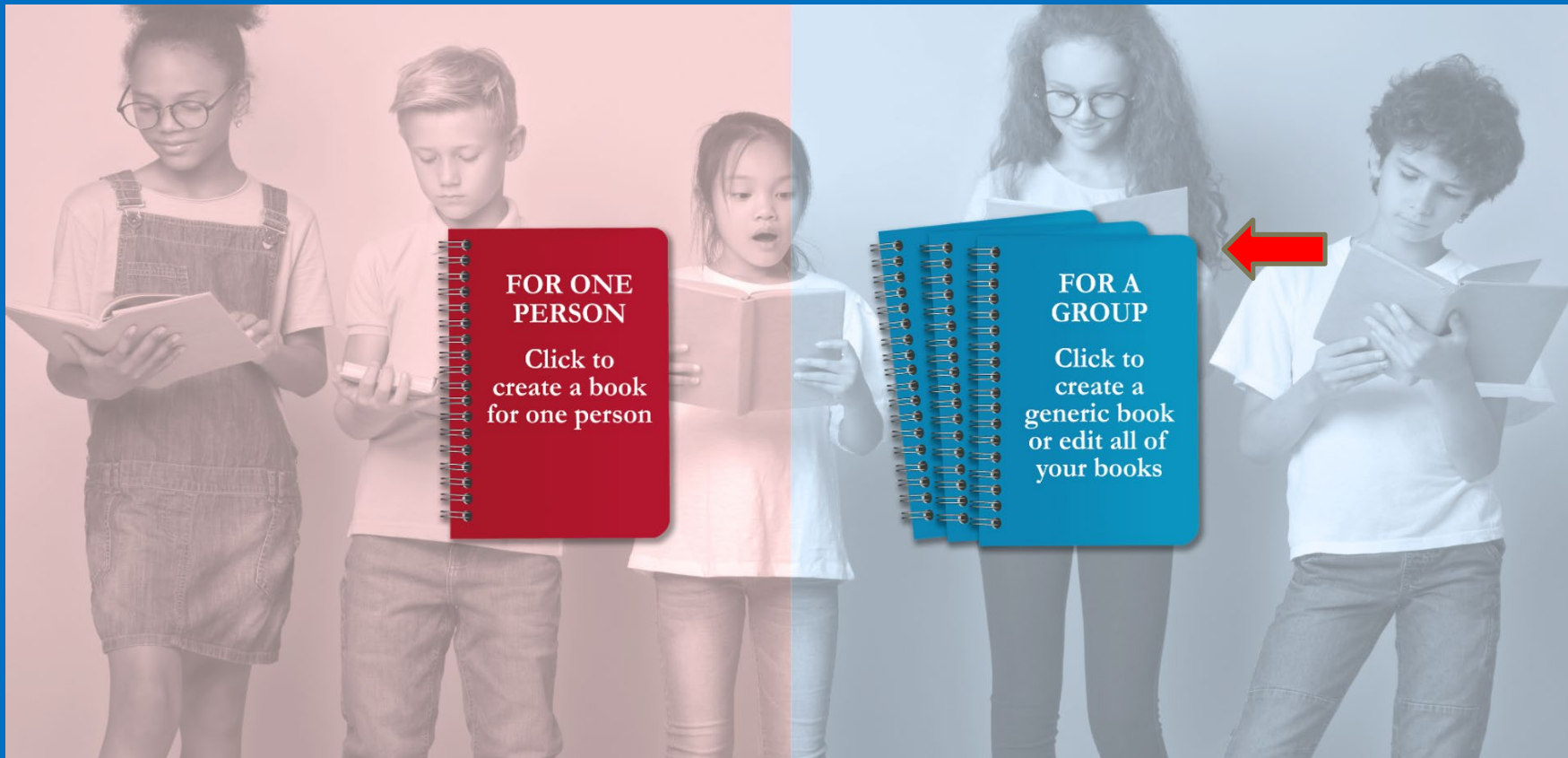
1. You can create a new book for a group by clicking the yellow ADD BOOK button.
2. This will take you to a page where you can name the book and select the appropriate age group for the book.
3. You will also see a list of previous books you have created, including books for individual clients and books for groups (called Generic Books).
4. Click on the Edit button to make changes to any book.

[Click here to see tutorials.](#)

Book Information ADD BOOK

BOOK NAME	EMAIL	DATE ADDED	CLIENT NAME	ACTIONS
book for middle school		09/10/2021		EDIT 🗑️
Generic Book		09/10/2021		EDIT 🗑️
Generic Book		09/09/2021		EDIT 🗑️
Generic Book		09/09/2021		EDIT 🗑️
Generic Book		09/13/2021		EDIT 🗑️
High School Workbook		09/13/2021		EDIT 🗑️
Marta's Workbook		09/13/2021		EDIT 🗑️
Middle School Workbook		09/13/2021		EDIT 🗑️
My Test Workbook		09/09/2021		EDIT 🗑️
Workbook for Freud		09/10/2021	Freud	EDIT 🗑️
Workbook for Lawrence Shapiro		09/09/2021	Lawrence Shapiro	EDIT 🗑️

You can also create a “generic” book for a group from the **Home** page.



**FOR ONE
PERSON**

Click to
create a book
for one person

**FOR A
GROUP**

Click to
create a
generic book
or edit all of
your books

You can add a generic workbook by clicking **Add Book**.

Social & Emotional Learning
LIVE ONLINE | SELF-DIRECTED | GROUPS


You are logged in as Abraham Lincoln. Your subscription is active. [Logout](#)












Home Client Information **Books**

Instructions:

1. You can create a new book for a group by clicking the yellow ADD BOOK button.
2. This will take you to a page where you can name the book and select the appropriate age group for the book.
3. You will also see a list of previous books you have created, including books for individual clients and books for groups (called Generic Books).
4. Click on the Edit button to make changes to any book.

[Click here to see tutorials.](#)

Book Information ADD BOOK 

BOOK NAME	EMAIL	DATE ADDED	CLIENT NAME	ACTIONS
book for middle school		09/10/2021		EDIT 
Generic Book		09/10/2021		EDIT 
Generic Book		09/09/2021		EDIT 
Generic Book		09/09/2021		EDIT 
Generic Book		09/13/2021		EDIT 
High School Workbook		09/13/2021		EDIT 
Marta's Workbook		09/13/2021		EDIT 
Middle School Workbook		09/13/2021		EDIT 
My Test Workbook		09/09/2021		EDIT 
Workbook for Freud		09/10/2021	Freud	EDIT 
Workbook for Lawrence Shapiro		09/09/2021	Lawrence Shapiro	EDIT 

When creating a generic book, you should name your book and also select the audience (age group) for the workbook.

The screenshot shows the 'Social & Emotional Learning WORKBOOK CREATOR' interface. At the top, it says 'You are logged in as Abraham Lincoln. Your subscription is active.' and 'Logout'. The main form has a 'Book Name*' field with the text 'Helping Your with Your Problems' and a 'Category:' dropdown menu. Two yellow callout boxes with red arrows point to the 'Book Name' and 'Category' fields, with the text 'Name Your Book' and 'Select Age Group' respectively. The 'Category' dropdown is open, showing options: 'select', 'select', 'Adult', 'High School', 'Middle School', and 'Elementary School'. Below the form is a 'Save' button. A dark grey box contains 'Instructions:' and a numbered list of four steps. A left sidebar shows a navigation menu with steps 1-4 and buttons for 'DOWNLOAD BOOK' and 'CREATE NEW BOOK'. A 'REVIEW TECHNIQUES' modal is open, showing a table with columns: 'TECHNIQUE NAME', 'DESCRIPTION', 'OBJECTIVE', 'VIEW', 'MORE INFO', and 'PAGE COUNT'. The table is currently empty. A 'PRINT TECHNIQUE TABLE' button is visible in the modal.

Book Name*
Helping Your with Your Problems

Category:
select
select
Adult
High School
Middle School
Elementary School

Instructions:

1. Go through steps 1-4 to on the left navigation to create a book for this client.
2. When you are done, click "Download Book".
3. You can create a new book for a group by clicking "Create New Book".
4. If you want to edit any book you have previously created, click "Create New Book" and then click the blue notebook to see a list of all the books you have created.

[Click here to see tutorials.](#)

1 Techniques In Book

- Add Techniques From Database
- Upload techniques

2 Upload Introduction

3 Create Front Cover

4 Create Back Cover

DOWNLOAD BOOK

CREATE NEW BOOK

REVIEW TECHNIQUES

Instructions: These are the techniques you have selected for your Workbook. You can print the Table of Techniques to use as a way to keep track of assignments.

Total pages in book: 0

PRINT TECHNIQUE TABLE

TECHNIQUE NAME	DESCRIPTION	OBJECTIVE	VIEW	MORE INFO	PAGE COUNT
----------------	-------------	-----------	------	-----------	------------

You can create a generic book the same way as you would for an individual, BUT the software does not suggest worksheets, so you will start with **Add Techniques** from the Database.

Instructions:

1. Go through steps 1-4 to on the left navigation to create a book for this client.
2. When you are done, click "Download Book".
3. You can create a new book for a group by clicking "Create New Book".
4. If you want to edit any book you have previously created, click "Create New Book" and then click the blue notebook to see a list of all the books you have create

[Click here to see tutorials.](#)

Adult
High School
Middle School
Elementary School

1 Techniques In Book

- Add Techniques From Database
- Upload techniques

2 Upload Introduction

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TECHNIQUE NAME	DESCRIPTION	OBJECTIVE
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