

# Being a Good Listener

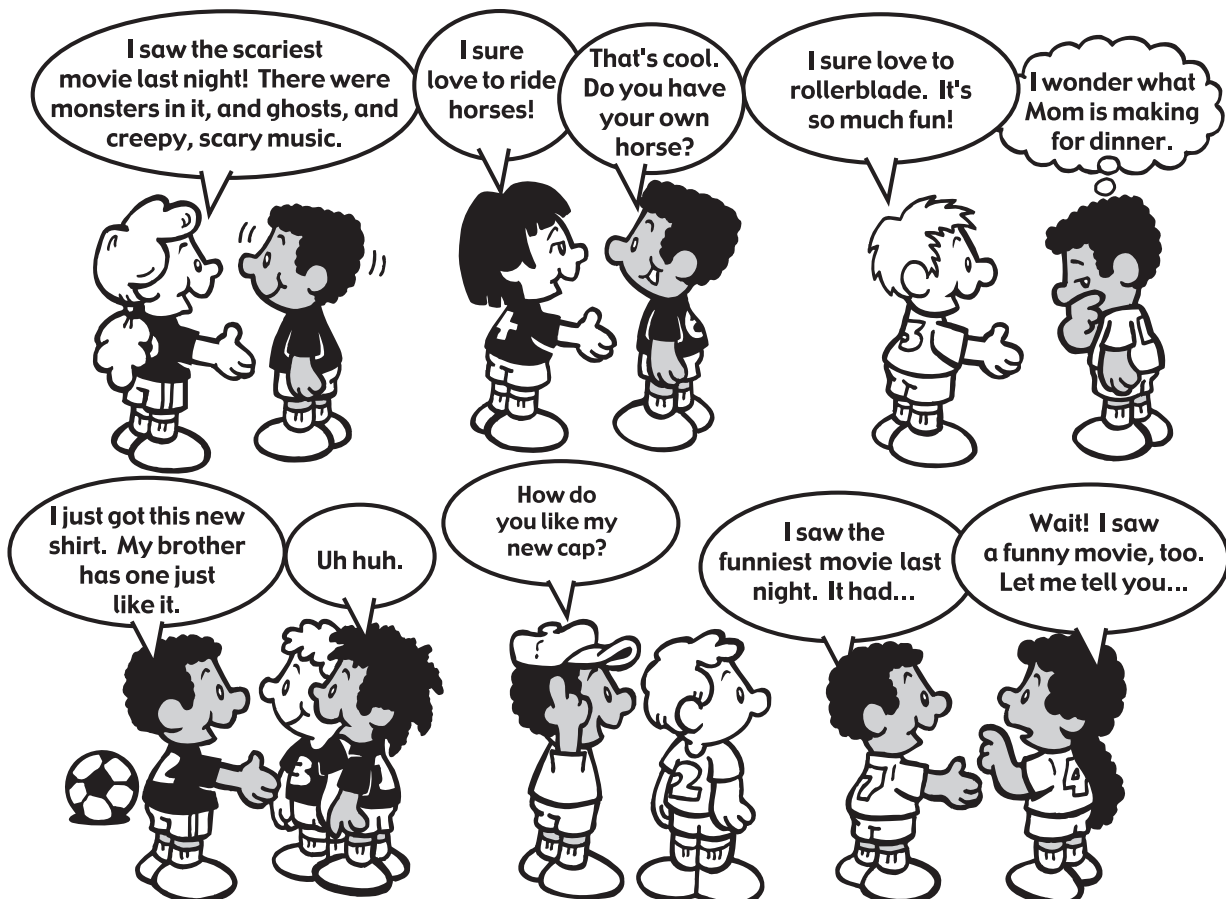
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When you use good listening skills, other people feel you are interested in what they have to say. They will want to be with you more because they know you care about their feelings and opinions.

A good listener is one who exhibits the following behaviors:

- Makes eye contact with the speaker
- Doesn't interrupt
- Acknowledges she is listening by saying "Oh," "I see," and "Uh huh"
- Nods occasionally, indicating she understands what the speaker is saying
- Asks questions about what the speaker has said

Two teams are competing to win a social skills game. The team in the black uniform is winning because its members are using good listening skills. The team in the white uniform is losing because its members are using poor listening skills. Pretend you have been called in to coach the White Team. It is half time, and the team needs your help. On the chalkboard on the next page, write down some behavioral changes the White Team could make to become better listeners and score more points.



# Half Time Advice

