

PAYING ATTENTION TO TIME

What is your relationship with TIME? That might seem like a funny question, but kids (and adults too) have different thoughts and feelings about time.

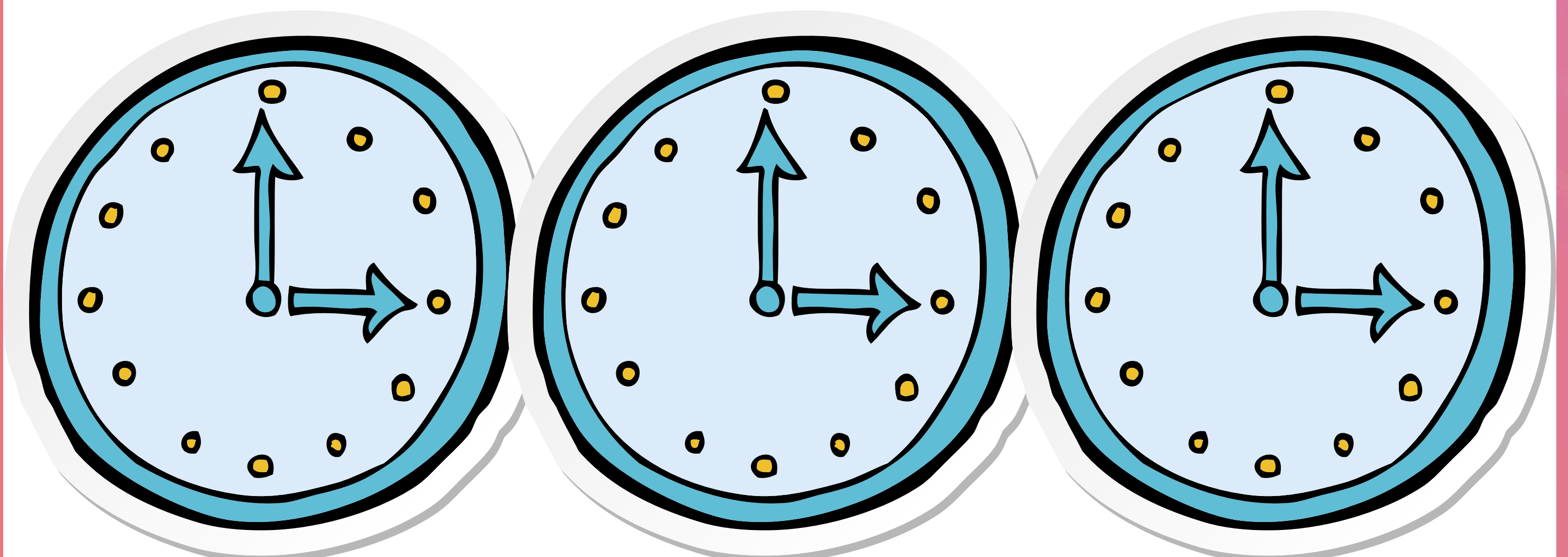
For example, Daniel was always late. He often missed the bus for school and even the bus going home. He was late handing in his homework, late getting to the dinner table, and he was even late when it was time to do something fun, like going to the playground.

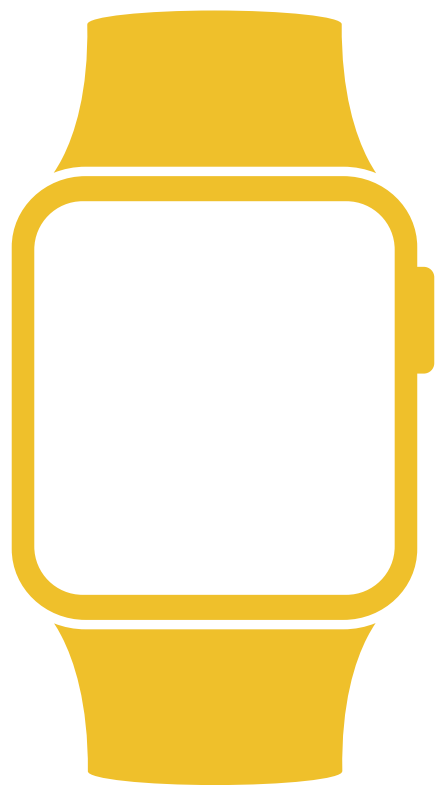
His twin sister, Dania, was always on time. If she was ever late, she got very upset, so she usually made sure to be 10 minutes early.

Which person are you more like—Daniel or Dania?

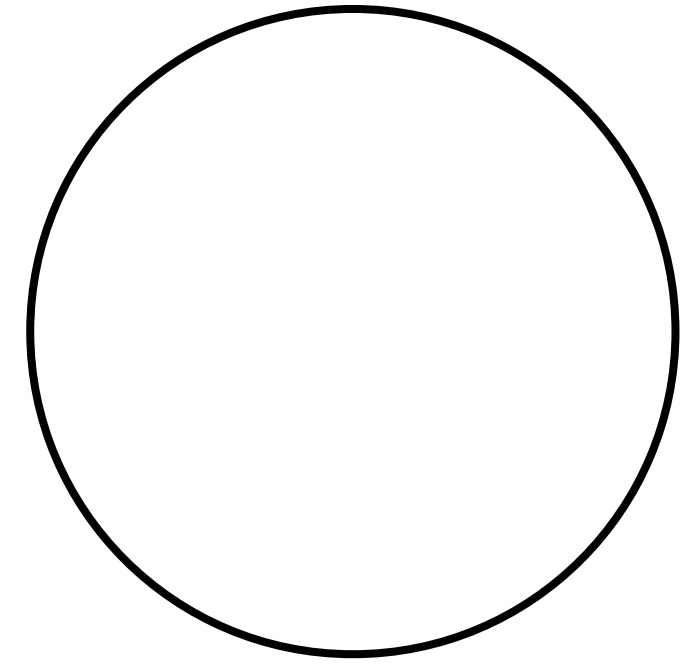
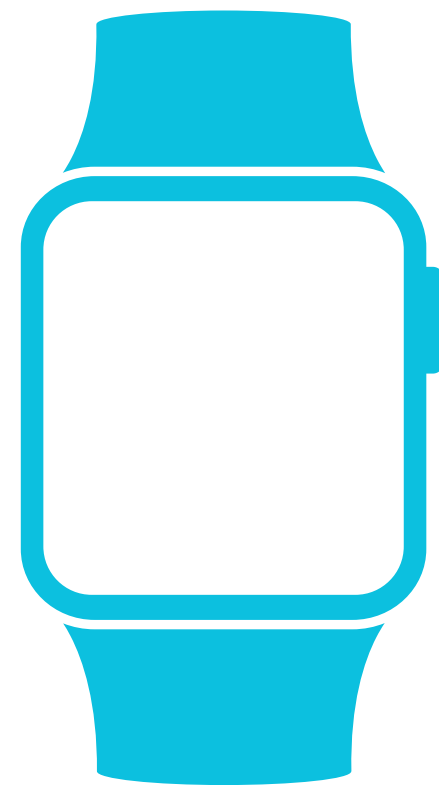
In this worksheet, you'll think about how good you are at estimating time by thinking about how long things take. For example, how long does your homework usually take? Write your answer in the watch below. Then, the next time you do homework, use a watch or clock to see how long it takes. Finally, figure out how close your guess was to how long it actually took.

Fill in all the watches on this page the same way, and then answer the questions on the next page to learn more about your relationship with TIME.





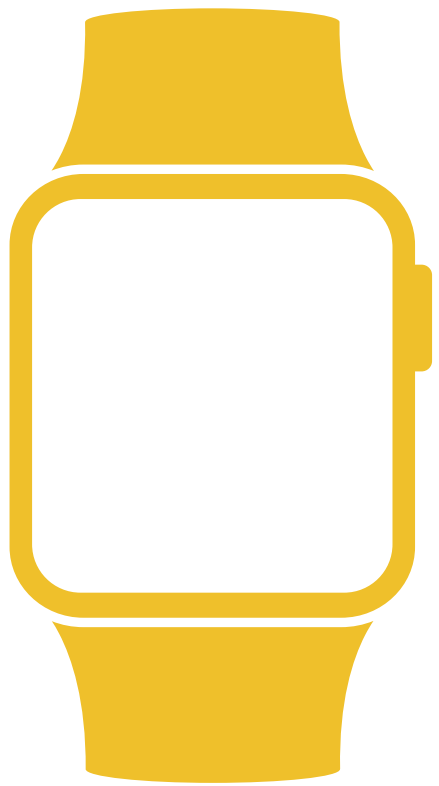
Homework



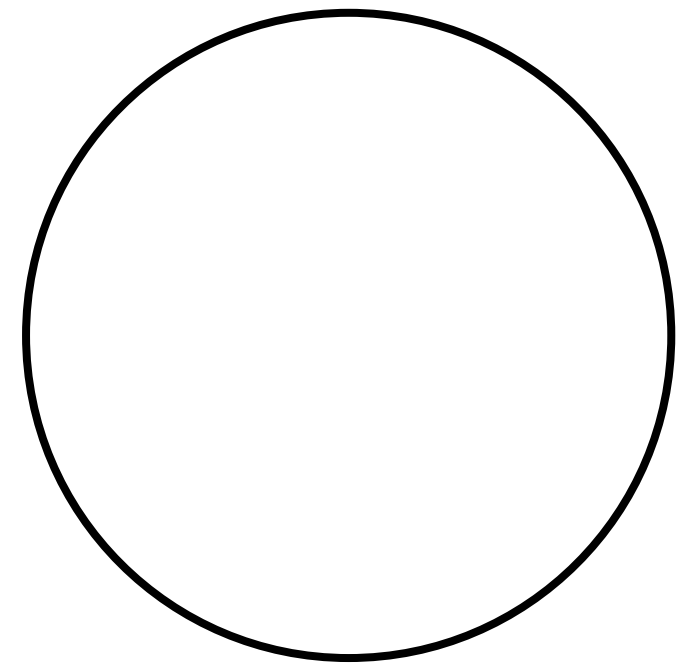
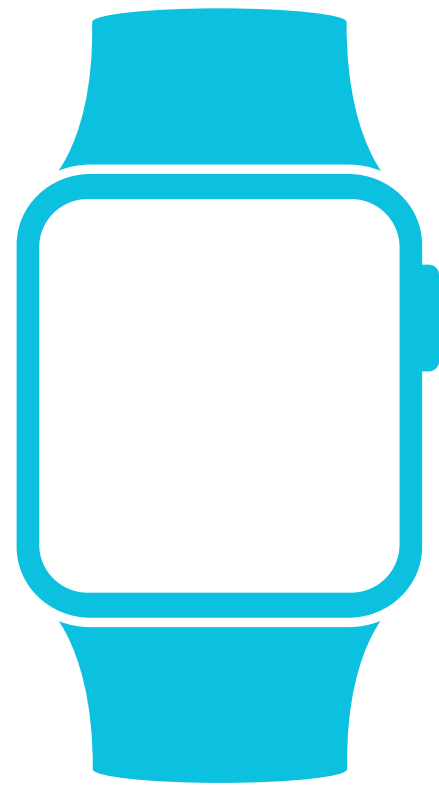
Estimate the Time

Actual Time

The Difference



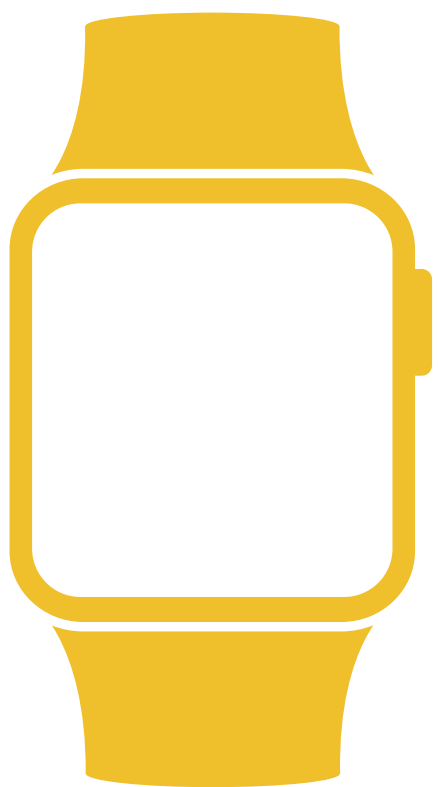
**Getting Ready
for School**



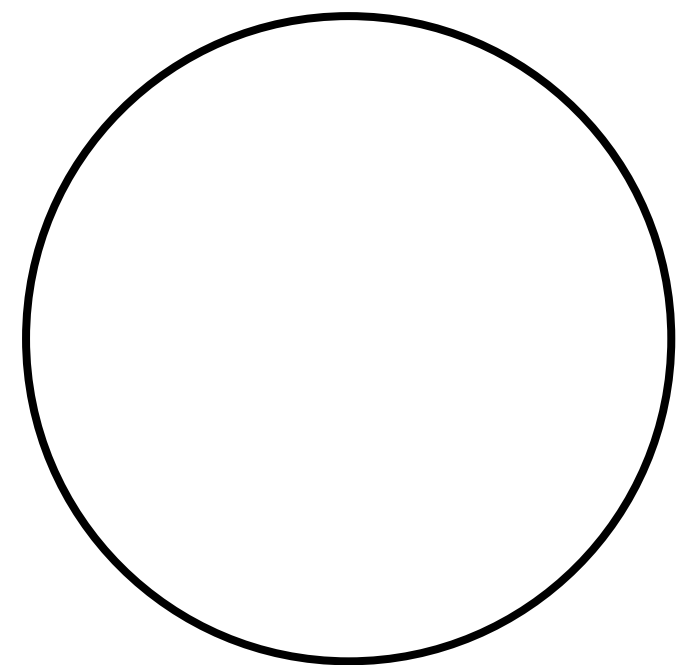
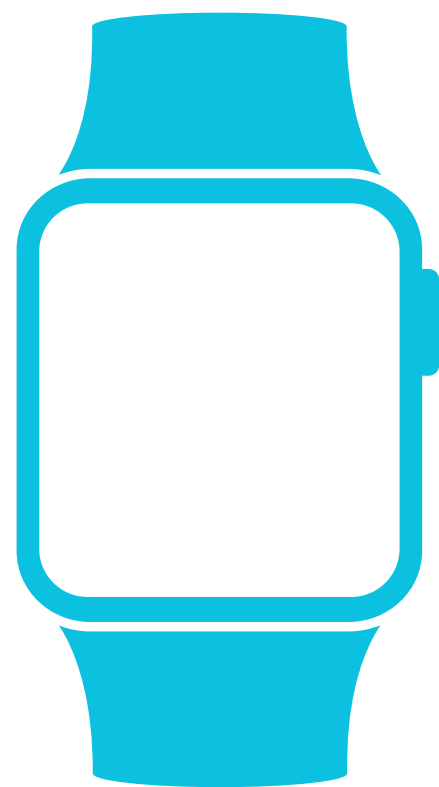
Estimate the Time

Actual Time

The Difference



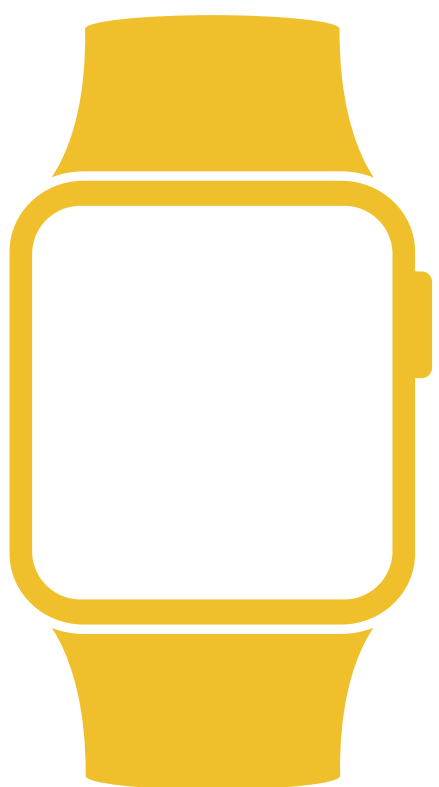
**Getting Ready
for Bed**



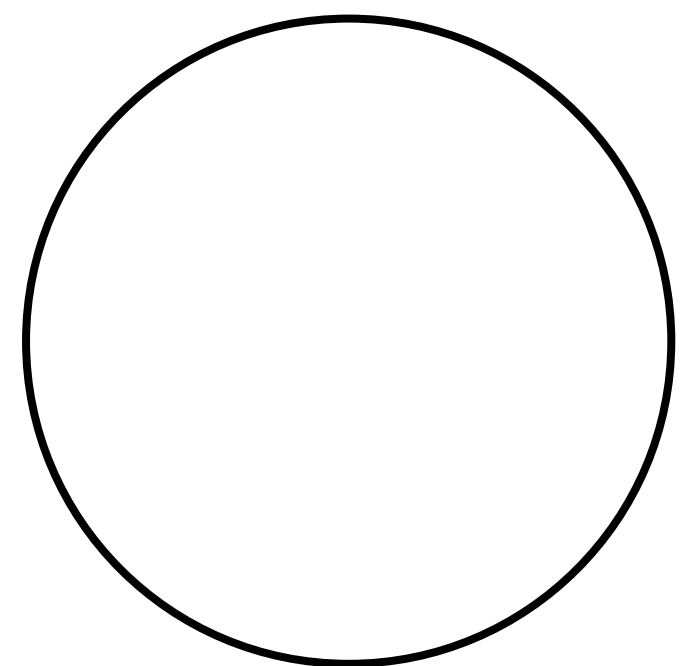
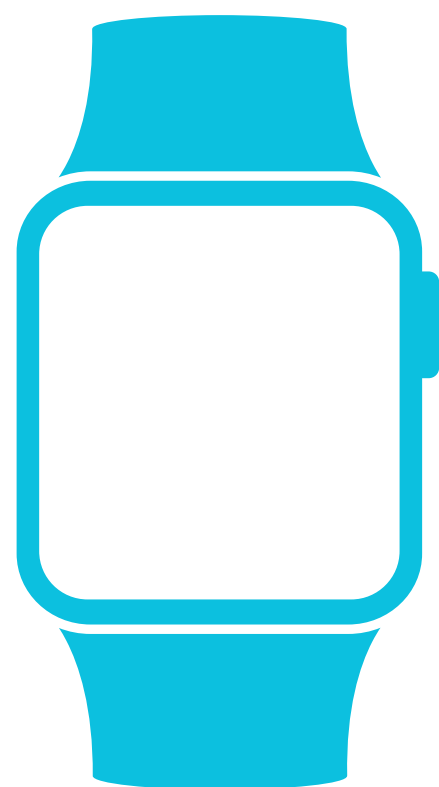
Estimate the Time

Actual Time

The Difference



Chores



Estimate the Time

Actual Time

The Difference

WHAT IS YOUR RELATIONSHIP WITH TIME?

Do you wear a watch? If your answer is 'yes,' does it have any special features?

Are you usually on time, late, or early when going to school?

How do you know when it's time to wake up in the morning for school and on the weekend?

What time do you go to bed at night? Why is it important to go to bed at that time?

When was the last time you were late for something? What happened?

Is there something you are always on time for?

Have you ever had to wait a long time for someone else? What happened?

Why do you think it's important to be on time?

If you want to be on time more often, what are some things you can do?

